



1533 North RiverCenter Drive • Milwaukee, WI 53212  
Phone (414) 390-2179 • Fax (414) 765-0996  
[www.famallies.org](http://www.famallies.org)

## ***Asthma Survival Skills 2010:*** **For parents and children** **6 p.m. to 8 p.m.**

**The growing problem ...** Asthma is the most common chronic disease of childhood. It keeps kids home from school ... and parents home from work.

**A resource for change ...** Fight Asthma Milwaukee Allies (FAM Allies) provides free classes for parents and children to help them manage the asthma in their lives.

### **FAM Allies' *Asthma Survival Skills* includes:**

- How asthma affects the lungs.
- How to recognize early warning signs and prevent emergencies.
- Managing indoor and outdoor triggers.
- How asthma medications work.
- Working with school and health personnel.

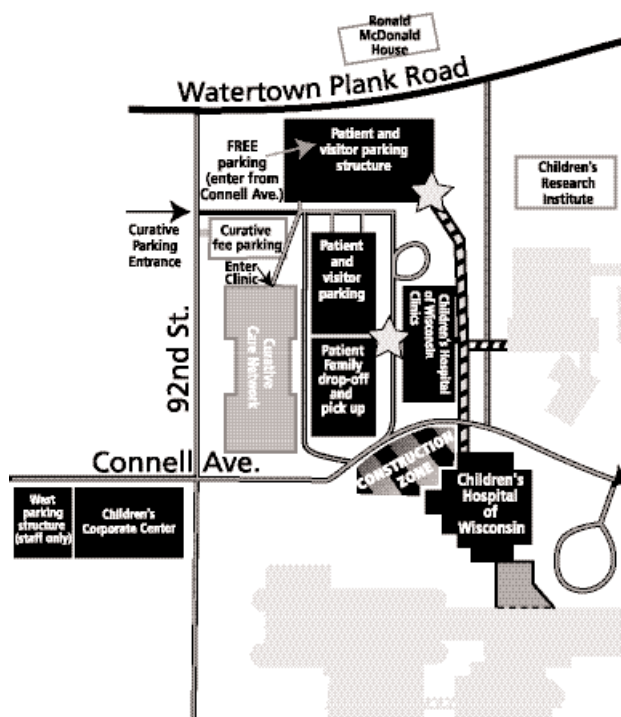
### **2010 Dates**

Tuesday, Feb. 23  
Tuesday, March 23  
Wednesday, May 19  
Wednesday, Sept. 29  
Thursday, Oct. 14  
Thursday, Nov. 4

### **Place (See other side for details.)**

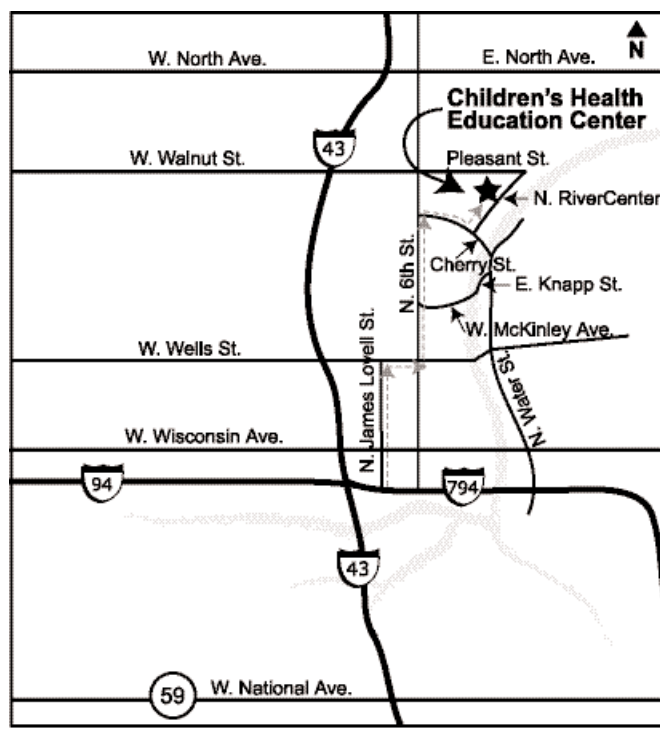
Children's Corporate Center, Suite 255  
Children's Health Education Center  
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**To register, contact Roxanne Wolfgram at  
(414) 765-9355 or [rwolfgram@chw.org](mailto:rwolfgram@chw.org).**



**Children's Corporate Center, Suite 255**  
 999 N. 92nd St.  
 Wauwatosa, WI 53226

- Take I-94 West or East to U.S. Hwy. 45 North.
- Go north on U.S. Hwy. 45 (Fond du Lac) to Watertown Plank Road (Exit 40).
- Travel east (right) on Watertown Plank Road toward hospital.
- Turn right on North 92nd Street.
- Turn right on Connell Avenue and enter the west parking structure. Note: You'll have to notify Security Service's at the gate to be allowed into the parking structure.
- Once parked in west parking structure, take the skywalk on level 2 into Children's Corporate Center. Follow signage to Suite 255.



**Children's Health Education Center**  
 1533 RiverCenter Drive  
 Milwaukee, WI 53212

- 94 East to 794 (James Lovell Street exit).
- James Lovell Street (north) to Wells Street.
- Right (east) on Wells Street to Sixth Street.
- Left (north) on Sixth Street to Cherry Street.
- Right (east) on Cherry Street.
- Turn left at entrance to RiverCenter Drive (Riverfront Parking Lot).
- Proceed on RiverCenter Drive to 1533 North RiverCenter Drive (mid-building).
- Park free directly in front of the building in any area marked "RESERVED CHEC."

*\* Buses and/or carpools are welcome to pull up to our front door for student drop-off and pick-up.*